

PERFORMANCE IMPROVEMENT OF HYGIENIC AND OLFACTORY PROPERTIES IN MILITARY BASE LAYER TEXTILES

Emilia VISILEANU^{1,*}, Elena PERDUM¹, Roxana CONSTANTINESCU¹, Alina VLADU¹, Felicia DONDEA^{1,2}, Florin MICULESCU², Aura Cătălina MOCANU², Daniela MANOLE², Maria HAIDUCU¹

¹The National Research and Development Institute for Textiles and Leather, Lucretiu Patrascanu, 030508 Bucharest, Romania

²Department of Metallic Materials Science, Physical Metallurgy, National University of Science and Technology Politehnica Bucharest, 313 Splaiul Independentei, J Building, District 6, 060042 Bucharest, Romania

1. OBJECTIVES

Military base layer garments, worn directly against the skin, play a crucial role in ensuring hygiene, comfort, and sustained operational performance under prolonged and physically demanding missions. In such conditions, bacterial proliferation and the accumulation of odour-causing compounds can negatively impact skin health, comfort, and mission effectiveness. Optimising these functional properties is therefore critical for military textile equipment.

By integrating performance evaluation with durability testing, this study demonstrates the potential of advanced textile solutions to maintain hygiene, reduce microbial contamination, and enhance olfactory comfort, even under challenging operational conditions.

2. METHODOLOGY

Mint essential oil-loaded particles were prepared by complex coacervation.

A 0.3% (w/v) sodium alginate solution (500 mL) was prepared and mixed with 3 mL mint essential oil and 0.2% Tween 80 under stirring for 15 min. Separately, a 0.3% (w/v) chitosan solution (600 mL) was dissolved in 1% acetic acid.

The alginate mixture was added dropwise into the chitosan solution at pH 3.6, maintaining an alginate:chitosan volume ratio of 5:6, resulting in coacervate formation. The suspension was heated to 45 °C and stirred for 1 h, cooled to 20 °C for the addition of 3 mL glutaraldehyde, then reheated to 45 °C and stirred for an additional 1.5 h.

The obtained crosslinked particles were filtered, washed, and lyophilized.

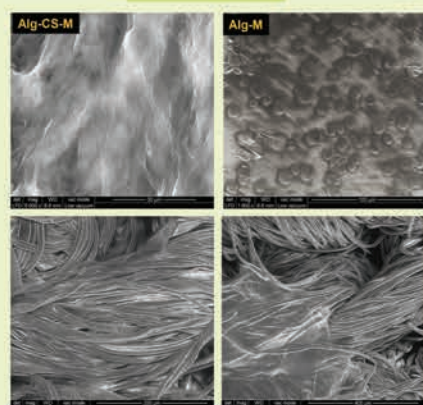
Mint essential oil-loaded microcapsules were prepared using the sol-gel method. Solution I consisted of 0.3% (w/v) sodium alginate dissolved in 200 mL distilled water, followed by the addition of 1.2 mL mint essential oil and 0.2% Tween 80 under constant stirring and homogenization.

Solution II was prepared by dissolving 1.6 g calcium chloride in 200 mL distilled water under continuous stirring. Solution I was added dropwise into Solution II using a fine-needle syringe under homogenization, allowing ionic crosslinking of the capsules. The resulting microcapsules were filtered, washed, and lyophilized.



3. RESULTS AND DISCUSSION

3.1 SEM Analysis



Scanning electron microscopy (SEM) imaging was used to determine the average sizes of the microcapsules in the investigated suspensions. The images, including scale bars for size measurement. The dried suspension shows spherical formations consistent with the morphology of the microcapsules. At the same time, the amorphous structures observed in the images are attributed to the drying of the components used in the embedding matrix of the microcapsules. SEM analysis indicates an average particle diameter of approximately 10 µm.

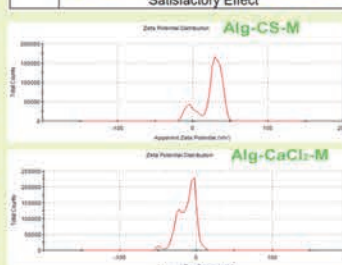
The discrepancy between the DLS and SEM results can be explained by particle aggregation that occurs during the drying process required for SEM sample preparation.

A textile material made of COTTON/ELASTAN was treated with 2 solutions:

The treatment solutions I and II were applied by padding using a ROACHES machine. The textile structure was passed 5 times through the treatment solution and air-dried at room temperature.

3.2 Antibacterial Activity

Antibacterial Activity			
	<i>Escherichia coli</i>	<i>Staphylococcus aureus</i>	<i>Klebsiella pneumoniae</i>
M 1			
	Satisfactory Effect		
M 2			
	Satisfactory Effect		



3.3 Zeta Potential

The antibacterial evaluation of the treatments was performed in accordance with SR EN ISO 20645:2005 and ISO 20743:2013, using *Staphylococcus aureus* ATCC 6538 (Gram-positive), *Escherichia coli* ATCC 10536 (Gram-negative), and *Klebsiella pneumoniae* ATCC 4352 (gram negativ).

For the R I and R II variants, the results are consistent with the zeta potential measurements. These samples show lower colloidal stability, which leads to reduced diffusion of the active compounds. As a result, the inhibition zones are smaller. However, according to the evaluation standard, the antibacterial effect of both samples is still considered satisfactory.

Zeta potential describes the electric charge on the surface of particles or a formulation and indicates how stable the dispersion is. For the initial solutions, a zeta potential of PZ-RI 22.8 mV was obtained, while for RIV it was -8.41 mV. For formulations containing essential oil, the best zeta potential value was obtained for RII with a concentration of 0.30% (-23.1 mV)

5. ACKNOWLEDGMENT

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Contact person: Dr.Eng. Emilia Visileanu
E-mail address: e.visileanu@incdtp.ro



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16, Lucretiu Patrascanu street, postal code 030508, Bucharest, ROMANIA

Phone: (0040)-21-340.49.28; 340.42.00; Fax: (0040)-21-340.55.15

E-mail: office@incdtp.ro

General manager: Dr. eng. Alexandra Gabriela Ene